



Kidney Deficiency

The kidneys store essence which promotes reproductive capacity, growth and development and vitality. Essence is made of 2 parts pre heaven and post heaven. Pre heaven is constitutional and is affected by the parents constitution and the age of the mother. As essence declines with age and women are having children later in life this affects the jing of ongoing generations. Post heaven jing is affected by bad nutrition and life style factors.

Ki yang xu - delayed menses, scanty light coloured flow amenorrhoea, low libido, low back pain, knee hip ankle pain, waist soreness.

Detox package

- Lymphatic drainage- always neck then selective areas of body
- Salt scrub
- Foot patches
- Abdominal herbal wrap
- Abdominal massage/lymphatic drainage

Ingredients for body wrap

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| • Aloe Vera Concentrate *6,7 | • Garlic Powder |
| • Alfalfa Leaf *8 | • Hawthorne Berries *46 |
| • Bladderwrack Seaweed *36,37 | • Kelp Seaweed *47,48 |
| • Burdock Root *9,10 | • Ionic Trace Mineral Complex
(proprietary) |
| • Capsicum Powder *10 | • Magnesium Sulfate *43-45 |
| • Chickweed Powder *12 | • Parsley Leaves *24 |
| • Comfrey Root *13 | • Pau D'Arco *29 |
| • Cornsilk Powder *14 | • Peppermint Leaves *30,31 |
| • Dandelion Root *15-17 | • Papaya Leaves *32,33 |
| • Echinacea Purpurea Flower *18 | • Red Clover Tops *34 |
| • Fennel Seed *19,20 | • Rosehips *35 |
| • Gentian Root *21 | • Yarrow Powder *38 |
| • Ginger Root *22,23 | • Montmorillonite *40-42 |
| • Yellow Dock *39 | |

